PERSONAL SURVIVAL KIT

(Earthquake Supplies)

An important part of *St. Brigid School's Disaster/Emergency Plan* is to provide food and water to students should they need to remain in school. Please prepare a "Personal Survival Kit" for each child and send it with him/her on *the first day of school*

The Personal Survival Kit includes:

- 2 bottled water (at least 8 oz each)
- 2 small cans of fruit with pop tops or 2 dried fruit snack packages
- 2 high energy bars (granola, etc no chocolate nor peanut butter)
- 2 plastic spoons or forks wrapped in napkin
- 2 small pocket sized Kleenex (4x2x1, not in a box)
- An ID tag which can be worn by the child. Child's name and grade in front and emergency/contact phone number(s) in the back.

Optional:

Family photo with reassuring note to your child
Pencil, small pad paper, or playing cards to occupy their time

Food and water must have a shelf life of at least ten (10) months- not to expire before June 15th of the current school year. Do not send food that requires refrigeration or will easily spoil at room temperature.

Put items in a **ZIPLOCK** freezer bag. **LABEL** or show name and grade (on ID tag).

Please review earthquake safety with your family. We must all strive to increase our preparedness for any disaster at home and school.